

NHC Cyclo-Therapy® – Proud to Help 2 year old Sienna



Sienna was a normal child but just before her 1st birthday in July 2019 she developed a viral infection. This resulted in complications including a spinal stroke that left her seriously ill in intensive care fighting for her life. She fought hard in hospital for 5 weeks but was left with acute flaccid paralysis down her left side from the hip down due to the stroke.

vibration physiotherapy every other week, this stopped for 5 months due to Covid lockdowns in 2020.

By February 2021 Sienna's weakness from flaccid paralysis had nearly disappeared and she is walking and running around un-aided. Sienna's dad Lewis told us "We are so pleased with the recovery and treatment and the difference that NHC Cyclo-Therapy® has made to free up her tissues and allow the muscles to build up. I am not sure what the outlook would have been for Sienna with her paralysis without this treatment, the NHS are telling us to do more of the same due to the remarkable difference they have seen".

She first attended physiotherapy with Janine Midgley, in September 2019 after struggling to make progress in normal care. She could just about walk but only when holding on to an adult, and she fell all the time due to her left leg. Janine was unsure about treating the damaged weakened tissues with connective tissue massage due to Sienna's age, so decided to use the NHC Cyclo-Therapy® hand unit instead. Sienna loved the feeling and treatment of cycloidal vibration which allowed Janine to free up connective tissues down her left leg, to enable the weak muscles on the paralysed side to contract underneath and to strengthen. NHS back braces and leg braces for the weakened side were slowly replaced by the return of her own muscle strength by cycloidal vibration releasing the tissues. Although Sienna was receiving cycloidal

