

## Case Study: Jonty

# NHC Cyclo-Therapy® Helping with Jonty's recovery



**Irish Olympic eventer Jonty Evans is making remarkable progress after a fall in competition at Tattersalls in 2018 that left the eventer with serious brain injury and in a coma for 6 weeks. As part of his rehabilitation therapy Jonty is now benefiting from the NHC Cyclo-Therapy® technology found in Equissage Pulse!**

Although now back in the saddle and working hard on his recovery, as a result of his brain injury Jonty suffers with muscle problems. 'I suffer with muscle stiffness in my right side and in particular at the hip and in the right leg', explained Jonty 'this adversely effects my movement and function especially in a morning and at rest after a long day of exercise and working with horses.'

Having heard that Jonty was experiencing problems with high tone on his right-hand side, we knew that the company's human products could help, so contacted Jonty to offer their support.

"Our human products containing cyclo-vibration therapy are all made in the UK and regulated to Medical Device Standards. The cyclo-vibration as used in Equissage is used in every spinal injury centre in the UK,

and in specialist NHS centres." "NHC Cyclo-Therapy® helps reduce muscle stiffness in people that have suffered trauma to the spine and those that have suffered a stroke, it is also used in a number of physiotherapy centres treating young people with cerebral palsy."

Jonty now applies one of the human NHC Cyclo-Therapy® pads behind his back and under his legs and was surprised at the difference the pad made to ability to move and stretch. "I have known about Equissage for many years but never realised that Equissage Therapy was developed from the application of the technology in humans for physiotherapy purposes" said Jonty. "When applied the human Cyclo-Therapy pad behind my back

*and under my legs I could feel a real difference in the relaxation and stretch in my muscles enabling me to move my hip and joints with greater movement, I was really surprised".*

